

PERSONAL INFORMATION

Muhamed Tabaković, PhD



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Gender Male | Nationality Bosnian and Herzegovinian

PROFESSIONAL EXPERIENCE

2018. – **Present | Full Professor – Scientific Field of Basic Sport**
Faculty of Sport and Physical Education, University of Sarajevo
Patriotske lige 41, 71000 Sarajevo, Bosnia and Herzegovina

2016. – **Present | Full Professor – Artistic Gymnastics**
Faculty of Sport and Physical Education, University of Sarajevo
Patriotske lige 41, 71000 Sarajevo, Bosnia and Herzegovina

2012. – 2018. **Associate Professor – Scientific Field of Basic Sports**
Faculty of Sport and Physical Education, University of Sarajevo
Patriotske lige 41, 71000 Sarajevo, Bosnia and Herzegovina

2010. – 2016 **Associate Professor – Artistic Gymnastics**
Faculty of Sport and Physical Education, University of Sarajevo
Patriotske lige 41, 71000 Sarajevo, Bosnia and Herzegovina

2010. – 2016. **Associate Professor – Artistic Gymnastics**
Faculty of Sport and Physical Education, University of Sarajevo
Patriotske lige 41, 71000 Sarajevo, Bosnia and Herzegovina

2006. – 2011. **Assistant Professor – Artistic Gymnastics**
Faculty of Sport and Physical Education, University of Sarajevo
Patriotske lige 41, 71000 Sarajevo, Bosnia and Herzegovina

2001. – 2003. **Senior Teaching Assistant – Artistic Gymnastics**
Faculty of Sport and Physical Education, University of Sarajevo
Patriotske lige 41, 71000 Sarajevo, Bosnia and Herzegovina

EDUCATION AND TRAINING

2003. PhD in Physical Culture
Faculty of Sport and Physical Education, University of Sarajevo, Bosnia and Herzegovina
2000. Master's Degree in Physical Culture
Faculty of Physical Education, University of Sarajevo, Bosnia and Herzegovina.
1991. Degree in Physical Education
Faculty of Physical Education, University of Sarajevo, Bosnia and Herzegovina

PERSONAL SKILLS

Mother tongue: Bosnian

Other language

	COMPREHENSION		SPEAKING		WRITING
	Listening	Reading	Spoken interaction	Spoken production	
English	A2	A2	A2	A2	A1

Language proficiency levels are based on the Common European Framework of Reference for Languages (CEFR).

COMMUNICATION SKILLS

- Strong communication skills developed through many years of academic teaching, research and professional collaboration.
- Experience communicating scientific knowledge and practical skills to university students and postgraduate researchers.

ORGANISATIONAL AND
MANAGERIAL SKILLS

- Lecturer in the third-cycle doctoral programme at the Faculty of Sport and Physical Education, University of Sarajevo (2014–present).
- Lecturer in the postgraduate programme at the Faculty of Physical Education, University of Sarajevo (2009–2011).
- Member of the Editorial Review Board of *Sport Ekspert*, Sarajevo (2009–present).
- Member of the Editorial Review Board of the *Science of Gymnastics Journal*, Ljubljana (2016–present).

ADDITIONAL INFORMATION

SPORTS CAREER

- Competitive gymnast at Gymnastics Club "Višegrad", Višegrad, Bosnia and Herzegovina (1980–1990).
- Four-time team champion of Bosnia and Herzegovina.
- Individual champion of Bosnia and Herzegovina once and third-place finisher twice.
- Named Sportsman of the City of Višegrad in 1984.

PUBLICATIONS –
TEXTBOOKS AND
BOOKS

1. Tabaković, M., & Turković, S. (2016). *Akrobatika* [Acrobatics]. University textbook, Faculty of Sport and Physical Education, Sarajevo. ISBN 978-9958-606-87-8.
2. Tabaković, M., Atiković, A., & Turković, S. (2016). *Vježbe oblikovanja sa osnovnom primjenom u sportskoj gimnastici* [Conditioning and Formative Exercises with Basic Applications in Artistic Gymnastics]. University textbook, Faculty of Sport and Physical Education, Sarajevo. ISBN 978-9958-606-75-5.
3. Hadžikadunić, A., Turković, S., & Tabaković, M. (2013). *Teorija sporta sa osnovama tjelesnih aktivnosti specijalne namjene* [Theory of Sport with Fundamentals of Special-Purpose Physical Activities]. University textbook, Faculty of Sport and Physical Education, Sarajevo. ISBN 978-9958-606-69-4.
4. Čuk, I., Bolković, T., Kokole, J., Kovač, M., Novak, D., Nadarević, F., Tabaković, M., & Atiković, A. (2008). *Terminologija u gimnastici, I dio: Osnovni položaji i pokreti* [Gymnastics Terminology, Part I: Basic Positions and Movements]. Faculty of Sport and Physical Education, Sarajevo. ISBN 978-9958-606-36-6.
5. Tabaković, M. (2008). *Prediktivne vrijednosti antropoloških obilježja u sportskoj gimnastici* [Predictive Values of Anthropological Characteristics in Artistic Gymnastics]. Faculty of Sport and Physical Education, Sarajevo. ISBN 978-9958-606-39-7.

ADDITIONAL INFORMATION

SELECTED SCIENTIFIC PUBLICATIONS

Scientific papers published between 2013 and 2024

1. Tabaković, A., Abazović, E., Tabaković, M., & Kovačević, E. (2024). Correlations between tensiomyography variables and lower extremity power. *Baltic Journal of Health and Physical Activity*, 16(4), Article 9.
2. Tabaković, A., Tabaković, M., Atiković, A., Mašić, S., & Hodžić, A. (2024). Relationship of absolute and relative lower extremities strength and the efficiency of vault performance in gymnastics. *Science of Gymnastics Journal*, 16(3), 461–474.
3. Tabaković, A., & Tabaković, M. (2024). The possibility of predicting jump height based on the absolute and relative strength of the lower extremities. *Homo Sporticus*, 26(1).
4. Tabaković, A., Tabaković, M., & Atiković, A. (2023). The effects of 12-week isokinetic training on knee stabilizers strength and the efficiency of the performance of gymnastics vaults. *Science of Gymnastics Journal*, 15(2), 239–256.
5. Atiković, A., Tabaković, M., Sijerčić, S., Bilalić, J., Ćorić, E., & Mehinović, J. (2020). The impact of Coronavirus Disease 2019 (COVID-19) on physical activity and mental health of students. *International Journal of Sport, Exercise and Health Research*, 4(2), 55–60.
6. Atiković, A., Kamenjašević, E., Nožinović Mujanović, A., Užicanin, E., Tabaković, M., & Ćurić, M. (2020). Differences between all-around results in women's artistic gymnastics and ways of minimizing them. *Baltic Journal of Health and Physical Activity*, 12(3), 80–91.
7. Bojanić, D., Ljubojević, M., Krivokapić, D., Nokić, A., & Tabaković, M. (2020). Differences in morphological characteristics and body composition between two elite volleyball players in Montenegro. *Journal of Physical Education and Sport*, 20(3), Article 181, 1301–1306.
8. Talović, M., Alić, H., Lakota, R., Jelešković, E., Nurković, N., Tabaković, M., Ormanović, Š., Čović, N., & Čaušević, D. (2018). Body composition profile of elite football referees in Bosnia and Herzegovina. In *Proceedings of the XII World Congress of Performance Analysis of Sport*, Opatija, Croatia, 19–23 September 2018.
9. Vranešić Hadžimehmedović, D., Bajramović, I., Likić, S., Tabaković, M., & Imamović, Dž. (2018). Effects of a four-month exercise program on correction of body posture of persons with different visual impairment. *Journal of Anthropology of Sport and Physical Education*.
10. Emić, Z., Bekrić, A., Alić, B., Atiković, A., & Tabaković, M. (2017). Metric characteristics of tests of bear walking forward and backward for assessing coordination and speed in children aged 12–14 years. *Sport Scientific and Practical Aspects: International Scientific Journal of Kinesiology*, 14(1), 29–34.
11. Hadžikadunić, A., Novaković, R., Džibrčić, Dž., & Tabaković, M. (2017). Effects of the implementation of methodical organisational working methods on the situational motor abilities of pupils. *Sportski Logos*, 15(27), 19–23.
12. Tabaković, M., Atiković, A., Kostovski, Ž., Delaš Kalinski, S., & Kazazović, E. (2017). Lower back pain (LBP) prevalence in physically active students. *Homo Sporticus*, 19(1), 5–12.
13. Tabaković, M., Atiković, A., Kazazović, E., & Turković, S. (2016). Effects of isokinetic resistance training on knee stabiliser strength and performance efficiency of acrobatic elements in artistic gymnastics. *Science of Gymnastics Journal*, 135–148.
14. Atiković, A., Samardžija Pavletić, M., & Tabaković, M. (2015). The importance of functional diagnostics in preventing and rehabilitating gymnast injuries with the assistance of the tensiomyography (TMG) method: A case study. *Baltic Journal of Health and Physical Activity*, 7(4), 29–36.
15. Turković, S., Hadžikadunić, A., Tabaković, M., & Novaković, R. (2016). Predictive values of students' motor abilities in the selection and recruitment of personnel for the needs of the Sarajevo Canton Ministry of Internal Affairs. *Sportski Logos*, 14(26), 40–50.
16. Tabaković, M., Hadžikadunić, A., Turković, S., & Novaković, R. (2015). Prediction of floor exercise performance based on morphological characteristics. *Sportski Logos*, 13(23), 16–23.
17. Tabaković, M., Ibrahimović, M., & Tabaković, A. (2013). Effects of applied contents of an artistic gymnastics programme on selected motor abilities of students at the Faculty of Sport and Physical Education. *Homo Sporticus*,