

INSTRUCTIONS FOR AUTHORS

Structure and format of abstract

Only abstracts that have not been previously published or presented at any scientific or professional conference may be submitted to the symposium. The official languages of the NTS 2026 Symposium are BOSNIAN, CROATIAN, SERBIAN and ENGLISH. All submitted abstracts must be thematically aligned with the symposium topics and prepared in accordance with the prescribed technical and content guidelines.

The maximum length of the abstract is 350 words, excluding the title, authors' names, and authors' affiliations. One abstract may have one corresponding author and a maximum of five co-authors. One participant may be the corresponding author of one paper and a co-author of one additional paper.

The abstract should be structured according to the following sections: aim and purpose of the study, methods, results, and conclusion. Abstracts must not contain tables, images, graphs, illustrations, or references.

Title

(Abstract title, TNR pt. 12, bold, single space)

Surname and name of Author ¹
(TNR pt.10, single space)

¹ *Affiliation, Country, City;*
(TNR pt.10, *Italic single space*)

AIM AND PURPOSE

(TNR pt.11, Bold, single space)

(Please state scientific background and explanation of rationale as well as specific objectives or hypotheses and main aim.)

(TNR pt.11, single space)

METHODS

(TNR pt.11, Bold, single space)

(Please specify: sample size and sample specifics including age and gender. Type and procedure of intervention (if applicable). Statistical methods used to compare results.)

(TNR pt.11, single space)

RESULTS

(TNR pt.11, Bold, single space)

Duration defining the periods of follow-up. For each primary outcome, results for each group, and the estimated effect size and its precision (such as 95% confidence interval). For binary outcomes, presentation of both absolute and relative effect sizes is recommended.

(TNR pt.11, single space)

CONCLUSION

(TNR pt.11, Bold, single space)

Interpretation consistent with results, balancing benefits and harms, and considering other relevant evidence.

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Abstract submission due date is 15. 10. 2026.

Abstracts that are accepted upon completion of the review process will be published in the book of abstracts of the NTS 2026 conference.

Authors will have the opportunity to publish a complete scientific paper **free of charge** in the scientific journal Homosporticus (ISSN 1512-8822, eISSN 1840-4324) published by the Faculty of Sports and Physical Education.

Abstract submission

Send the prepared abstract to e-mail: nts2026@fasto.unsa.ba

Authors will receive an e-mail confirming receipt of the abstract as well as a description of the review process instructions. The process of sending and reviewing abstracts is free. Authors who submit abstracts within the stipulated deadline will be notified of the results of the review and acceptance of the abstract for publication no later than November 1, 2026.

Manuscript submission for publication in journal Homosporticus

Upon acceptance of abstract, the authors will be informed about the possibility of publishing a complete manuscript in accordance with the topics and content of the journal.

The content and technical preparation of manuscript should be in accordance with the instructions for authors. All information available at: <https://homosporticus.ba/author-guidelines/>

Manuscript prepared according to the instructions is submitted directly to the editorial board by e-mail: homosporticus@fasto.unsa.ba

Scientific articles enter the review process with possibility for publication in the December of 2026 edition (Volume 28, Issue 2) or in the June of 2027 edition (Volume 29, Issue 1).