



Merima Merdan

Date of birth: 18/01/1989 | **Place of birth:** Sarajevo, Bosnia and Herzegovina |

Nationality: Bosnian-Herzegovinian | **Phone number:** (+387) 62532062 (Mobile) |

Email address: merima.merdan@fasto.unsa.ba | **Website:**

<https://www.researchgate.net/profile/Merima-Merdan> | **Website:** <https://fasto.unsa.ba/> |

Address: Hotonj IV/42, 71320, Vogošća, Bosnia and Herzegovina (Home)

ABOUT ME

Doctor of Science in Kinesiology (Sport Kinesiology – Martial Arts). Employed as a Senior Teaching Assistant at the Faculty of Sport and Physical Education, where I participate in teaching Martial Arts, Team, and Winter Sports. Ski Instructor (ATUS) in Bosnia and Herzegovina since 2023. Former professional basketball player for KK Željezničar Sarajevo and President of the "Zdrav pokret" Association, founded in 2016 in Sarajevo. Passionate about working with inclusive populations and promoting health and quality of life through sport.

WORK EXPERIENCE

SENIOR TEACHING ASSISTANT – FACULTY OF SPORT AND PHYSICAL EDUCATION – 2022 – Current – SARAJEVO, BOSNIA AND HERZEGOVINA

UNIVERSITY TEACHING ASSISTANT – FAKULTET SPORTA I TJELESNOG ODGOJA – 2018 – 2022 – SARAJEVO, BOSNIA AND HERZEGOVINA

Address: Patriotske lige 41, 71000, Sarajevo, Bosnia and Herzegovina | **Website:** <https://fasto.unsa.ba/>

INSTRUCTOR OF SKIING AND SWIMMING – SPORTSKI SAVEZ KANTONA SARAJEVO – 2012 – 2018 – SARAJEVO, BOSNIA AND HERZEGOVINA

PE TEACHER – OŠ "IZET ŠABIĆ" – 10/2014 – 08/2016 – VOGOŠĆA, BOSNIA AND HERZEGOVINA

DEMONSTRATOR IN THE COURSE RHYTHMIC GYMNASTICS AND DANCE – FAKULTET SPORTA I TJELESNOG ODGOJA – 2010 – 2013 – SARAJEVO, BOSNIA AND HERZEGOVINA

DEMONSTRATOR IN THE COURSE SPORT – FAKULTET ZDRAVSTVENIH STUDIJA – 2010 – 2017 – SARAJEVO, BOSNIA AND HERZEGOVINA

CAPTAIN OF THE BASKETBALL TEAM, FACULTY OF SPORT AND PHYSICAL EDUCATION – FAKULTET SPORTA I TJELESNOG ODGOJA – 09/2012 – 11/2013 – SARAJEVO, BOSNIA AND HERZEGOVINA

COACH AT THE "H2O" SWIMMING CLUB – SWIMMING CLUB H2O – 10/2012 – 11/2013 – SARAJEVO, BOSNIA AND HERZEGOVINA

STRENGTH AND CONDITIONING COACH FOR KARATE ATHLETES – KARATE KLUB "SAMBON" – 11/2013 – 05/2014 – VOGOŠĆA, BOSNIA AND HERZEGOVINA

MEMBER OF THE STUDENT PARLIAMENT AT THE UNIVERSITY OF SARAJEVO – UNIVERZITET U SARAJEVU – 09/2010 – 07/2013 – SARAJEVO, BOSNIA AND HERZEGOVINA

COACH AT THE "OLIMP" GYMNASTICS CLUB – GIMNASTIČKI KLUB OLIMP – 04/2010 – 06/2012 – VOGOŠĆA, BOSNIA AND HERZEGOVINA

PLAYER & ASSISTANT COACH – KK "ŽELJEZNIČAR" – KK "ŽELJEZNIČAR" – 1999 – 2010 – SARAJEVO, BOSNIA AND HERZEGOVINA

EDUCATION AND TRAINING

2018 – 14/10/2024 Sarajevo, Bosnia and Herzegovina
DOCTORAL STUDIES IN KINESIOLOGY Fakultet sporta i tjelesnog odgoja - Univerzitet u Sarajevu

Address Patriotske lige 41, 71000, Sarajevo, Bosnia and Herzegovina

2013 Sarajevo, Bosnia and Herzegovina
MASTER’S DEGREE IN SPORT AND PHYSICAL EDUCATION Fakultet sporta i tjelesnog odgoja - Univerzitet u Sarajevu

Address Patriotske lige 41, 71000, Sarajevo, Bosnia and Herzegovina

2008 – 2012 Sarajevo, Bosnia and Herzegovina
BACHELOR’S DEGREE IN SPORT AND PHYSICAL EDUCATION Fakultet sporta i tjelesnog odgoja - Univerzitet u Sarajevu

Address Patriotske lige 41, 71000, Sarajevo, Bosnia and Herzegovina

2004 – 2008 Sarajevo, Bosnia and Herzegovina
SECONDARY EDUCATION – VOCATIONAL SCHOOL DIPLOMA High School – Fifth Gymnasium & Birotechnical, Sports Stream

Address Nerkeza Smajilagića 18, 71000, Sarajevo, Bosnia and Herzegovina

1996 – 2004 Vogošća, Bosnia and Herzegovina
PRIMARY Osnovna škola " Izet Šabić"

Address Donji Hotonj bb, 71320, Vogošća, Bosnia and Herzegovina

LANGUAGE SKILLS

Mother tongue(s): BOSANSKI JEZIK
Other language(s):

	UNDERSTANDING		SPEAKING		WRITING
	Listening	Reading	Spoken production	Spoken interaction	
ENGLISH	C2	C2	C2	C1	B2
NJEMAČKI	A2	A2	A2	A2	A1

Levels: A1 and A2: Basic user; B1 and B2: Independent user; C1 and C2: Proficient user

SKILLS

understand written English | Word | understand spoken English | interact verbally in English | Windows | Friendliness and positivity | Communicative accessible team worker | Communicative | MC office (Exel Word PowerPoint) | office | Social media / Social networks

● SOCIAL SKILLS

Social skills

- Excellent leadership skills and team collaboration
- High-level communication and eloquence
- Open-minded and receptive to new knowledge
- Flexible and adaptable to different work environments
- Committed to lifelong learning
- Strong ability to build positive relationships with colleagues, staff, and management
- Highly responsible and dedicated to work, tasks, and interpersonal relations
- Exceptional tolerance and interpersonal skills
- Capable of handling demanding challenges and responsibilities
- Excellent negotiation skills, solution-oriented

● NETWORKS AND MEMBERSHIPS

2015 – 2024 Vogošća

Membership

Member of the Youth and Gender Equality Commission – Vogošća Municipality

● CONFERENCES AND SEMINARS

Conferences & Workshops Participation

- **15/12/2021 – 17/12/2021:** Participant at the 12th International Symposium *New Technologies in Sport (NTS 2021)*, Sarajevo, Bosnia and Herzegovina
- **21/02/2020:** Participant at the 18th Annual International Conference *Athlete Conditioning 2020*, Zagreb, Croatia
- **22/02/2019 – 23/02/2019:** Participant at the 17th Annual International Conference *Athlete Conditioning 2019*
- **12/12/2019 – 14/12/2019:** Participant at the 11th International Symposium *New Technologies in Sport*, Sarajevo, Bosnia and Herzegovina
- **2018:** Participant at the Conference *Curricular Reform and Inclusion in Education*, Sarajevo, Bosnia and Herzegovina
- **17/11/2017 – 18/11/2017:** Participant at the 1st Seminar on *Sports Medicine*, Sarajevo, Bosnia and Herzegovina

● PUBLICATIONS

2022

[FITNESS PROFILE OF JUNIOR JUDOISTS](#)

Ovdje opišite...

2022

[The Effects of Increased Intensity and Number of Repetitions of Training on SJFT in Juniors and Cadets](#)

2022

[Differences in attitude towards martial sports in men and women of different educational status](#)

2021

[The effects of implemented teaching of K-1 subject to body composition and muscle performance of male and female first-year students](#)

Link [https://www.researchgate.net/publication/](https://www.researchgate.net/publication/330666754_Differences_in_Body_Hydration_Before_and_After_the_Judo_Training_of_Young_Athletes)

[330666754_Differences in Body Hydration Before and After the Judo Training of Young Athletes](https://www.researchgate.net/publication/330666754_Differences_in_Body_Hydration_Before_and_After_the_Judo_Training_of_Young_Athletes)

2020

[Turković, B., Lakota, R., Doder, I., Jelešković, E., Hodžić, A., & Merdan, M. \(2020\). INJURIES, CAUSES OF INJURIES AND REHABILITATION OF ALPINE SKIERS-SYSTEMATIC REVIEW. Sportski logos, 18\(32\).](#)

Ovdje opišite...

2019

Differences in Body Hydration Before and After the Judo Training of Young Athletes

Ovdje opišite...

2019

THE PLAYGAME ROLE IN PREVENTION OF PROPER POSTURE IN ELEMENTARY SCHOOL STUDENTS

Google Scholar

Ovdje opišite...

Link <https://scholar.google.com/citations?user=EEVcVo8AAAAJ&hl=en>

● **DRIVING LICENCE**

Driving Licence: B1

Driving Licence: B

Driving Licence: BE

● **PROJECTS**

2020 – 14/10/2024

“The Influence of Isokinetic Potential, Explosive Strength, and Stability on the Performance of Technical Elements”

Project Coordinator 

● **ORGANIZACIJSKE VJEŠTINE**

Organizational and Leadership Skills

- Effective time management, leadership, coordination, and presentation skills
- Strong organizational abilities and team management experience gained through secondary and higher education, work in sports clubs, and as a teaching assistant at a higher education institution
- Member of the Organizing Committee: International Symposium *New Technologies in Sport (NTS)* – 2021, 2019
- Participant in the organization of EYOF 2019
- Member of the Organizing Committee: Conference *Curricular Reform and Inclusion in Education* – 2018
- Volunteer and Organizing Committee member: International Symposium *New Technologies in Sport* – 2013–2016

● **COMMUNICATION AND INTERPERSONAL SKILLS**

Communication Skills

- Clear and effective verbal and written communication
- Ability to adapt communication to different target audiences
- Active listening and providing constructive feedback
- Professional communication in academic and professional settings
- Team communication and collaboration with colleagues and students
- Conflict resolution through open and assertive approaches
- Presentation skills and public speaking