

CURRICULUM VITAE



PERSONAL INFORMATION

Name: Lejla Šebić

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Gender: Female

Date of birth: 01 October 1975

Nationality: Bosnia and Herzegovina

EMPLOYMENT HISTORY

27 June 2018 – present

Full Professor

Faculty of Sport and Physical Education, University of Sarajevo
Department of Basic Sports and Kinesiological Recreation
Sarajevo, Bosnia and Herzegovina

Academic year 2023/2024

Full Professor – External Associate

Faculty of Philosophy, University of Zenica
Department of Physical Education and Sport

27 September 2017 – present

Associate Professor

Faculty of Sport and Physical Education, University of Sarajevo
Department of Sports

30 August 2012 – 27 June 2018

Associate Professor

Faculty of Sport and Physical Education, University of Sarajevo
Department of Basic Sports

30 August 2012 – 27 September 2017

Assistant Professor

Faculty of Sport and Physical Education, University of Sarajevo
Department of Sports

21 May 2008 – 30 August 2012

Assistant Professor

Course: Rhythmic Gymnastics and Dance

19 October 2004 – 21 May 2008

Senior Teaching Assistant

Course: Rhythmic Gymnastics and Dance

15 December 2001 – 19 February 2004

Teaching Assistant

Course: Rhythmic Gymnastics and Dance

September 2000 – December 2002

Physical Education Teacher

IB Diploma Programme

Second Gymnasium, Sarajevo

EDUCATION

PhD in Sport Sciences – EQF Level 8

Faculty of Sport and Physical Education, University of Sarajevo

23 January 2008

MSc in Physical Culture – EQF Level 7

Faculty of Physical Culture, University of Sarajevo

08 January 2004

BSc – Professor of Physical Culture – EQF Level 6

Faculty of Physical Culture, University of Sarajevo

15 April 2000

PROFESSIONAL TRAINING AND DEVELOPMENT

- Erasmus + teaching mobility Portugal 2025.
- Mobility and Stability in Training Process – Coaches Seminar, Sarajevo, 2016
- Injury Prevention and Rehabilitation Training – IZOMED, Ljubljana, 2006
- Teaching Staff Development – Faculty of Economics, University of Sarajevo, 2007
- Lifelong Learning through Sports Activities – German Adult Education Association, Sarajevo, 2004

INVITED SPEAKER- CONFERENCES AND SEMINARS (selected)

- *Exercise for Health and Vitality* – Women’s Health Conference, Sarajevo, 2025
- *The Power of Movement in Combating Depression* – KUNST Symposium, Sarajevo, 2025
- *Innovative Movement Approaches for Women’s Health – Libido Fitness* – Well Fit Festival, Banja Luka, 2025
- *Therapeutic Exercise after Mastectomy* – Regional Conference “Together”, Sarajevo, 2025
- *Safe and Effective Strength Training for Children* – Summer Seminar of PE Teachers, Neum, 2025
- *Gender Equality and Physical Activity* – Summer Seminar, Neum, 2024
- *HIIT Training in Physical Education* – Summer Seminar, Neum, 2024
- *Anti-Ageing Fitness Method* – International Congress NTS, Sarajevo, 2019

BOOKS AND UNIVERSITY TEXTBOOKS

1. **Exercises during Pregnancy for Mothers and Babies** (2023)
2. **Obesity among University of Sarajevo Students** (2021)
3. **Group Fitness Programs** – University Textbook (2017)
4. **Rhythmic Gymnastics in Search of Perfect Movement** (2016)
5. **Posture and Corrective Gymnastics** (2016)
6. **Aerobics – Aerobic Gymnastics** (2012)

SUPERVISION

- PhD Dissertation Supervisor – Amila Hodžić (2025)
- PhD Dissertation Supervisor – Marijana Podrug-Arapović (2016)
- PhD Dissertation Supervisor – Dženana Imamović (2014)

AWARDS AND HONOURS

- Special Award – Olympic Committee of Bosnia and Herzegovina (2014)
- Best Student Award – University of Sarajevo (2004)

- Golden Badge – University Sports Society “Bosna” (1997)

LANGUAGE SKILLS

Mother tongue: Bosnian

Other languages:

- English – C1
- French – C1

ADDITIONAL ACADEMIC & PROFESSIONAL ROLES

- Vice-Dean for International Cooperation, FASTO (2024–)
- Vice-Dean for Quality Assurance, FASTO (2022–)
- Head of Department – Basic Sports
- Organizer of international scientific conferences
- Head coach and TV fitness program host
- Organizer of mass sport and fitness event

SPORTS CAREER (SELECTED)

- Elite athlete and long-term national team member in rhythmic gymnastics
- Best Female Athlete of Sarajevo (1993)
- World Champion – Natural Bodybuilding (Bikini Category), Las Vegas, USA (2014)

POPIS NAUČNIH I STRUČNIH RADOVA

SCIENTIFIC AND PROFESSIONAL PUBLICATIONS

Over 60 peer-reviewed scientific and professional papers published in international journals and conference proceedings

